Multiple Cafe Au lait Spots.

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Discussion

Cafe au lait spots or macules are light brown to dark brown coloured hyperpigmented lesions with round or irregular borders. They are present in 95% of children with Neurofibromatosis-1 which is a neurocutaneous syndrome. It can also be seen in McCune-Albright syndrome, Tuberous sclerosis and Fanconis anemia. The lesions increase in size and become more visible by 2 years of age. Here we present multiple Cafe au lait spots in a 5 year old child who had come for routine immunization to our outpatient clinic. A thorough history and clinical examination did not reveal any other findings of NF-1 or other syndromes in which it is a feature.

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Illustrations

Illustration 1

Multiple Café au lait spots and macules on the chest and the abdomen.

Illustration 2

Multiple Café au lait on the back.
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